

Recertification Guide

Recertification Program Overview

Achieving certification through The Spencer Institute as a certified Coach ensures that you have achieved the necessary knowledge and ability to apply basic skills and concepts toward both useful and effective coaching skills and operating your own practice as a certified Coach.

In order to ensure knowledge, skill and ability levels are both maintained and increased, The Spencer Institute Executive Certification Board (ECB) requires all Spencer Institute Coaches to obtain continuing education on a consistent and continuous basis and that certification as a professional is upheld.

Continuing Education Requirements and obtainment of CEUs

The Spencer Institute ECB requires its certified personal fitness trainers to complete 40 Continuing Education Units (CEUs) over a two year period. Each 0.1 CEU is worth one hour of study time or one contact hour in a live training format. All Spencer Institute ECB approved coursework is listed with predetermined CEU values at:
<http://spencerinstitute.com/life-coach-continuing-education.html>

The Spencer Institute ECB has chosen a two year time frame for renewal as scientific research and the application of that research changes over the course of a two year period. Spencer Institute Coaches must stay abreast of scientific research and its applications as it changes in order to continue to deliver both advanced and effective coaching that is progressive in nature and useful at an individual level. Spencer Institute Coaches are encouraged to learn and obtain further education on a consistent and ongoing basis every year by attending a live training or completing a home study course at least once every 6-9 months and encouraged to exceed the required 40 CEUs for recertification.

Recertification Fees and Payment Options

The fee for recertification as a Spencer Institute ECB recognized Coach is \$75. Fees and recertification applications with the necessary CEU credits accomplished must be received by The Spencer Institute ECB on or before certification expiration date (as shown on The Spencer Institute Certification Award) to avoid late fees and ensure reception of certification renewal within 30 days of certification expiration.

Recertification applications with necessary completed CEUs and full fee payments are accepted and on time if submitted as early as 90 days prior to certification expiration and no later than the actual expiration date.

Category A Activity	CEUs Awarded	Required Documents
College/university course (semester)	0.5 CEUs per credit hour	Official transcript
College/university course (quarter)	0.3 CEUs per credit hour	Official transcript
Primary contributor to university research study	0.5 CEUs for 8 wk study 1.0 CEUs for 12+ wk study	Copy of study

Category B - SPENCER INSTITUTE Approved Live Training

- The Spencer Institute will make final determinations for actual CEUs awarded for any live training course, workshop, conference, symposium or seminar
- See listing of Spencer Institute Approved Educational Providers at : <http://spencerinstitute.com/life-coach-continuing-education.html>
- Live coursework that is not listed as approved by The Spencer Institute will require submission of a petition form for recognition (found at the end of this guide) and a petition fee
- A maximum of 3.0 CEUs is allowed from this category for each two year recertification period

Category B Activity	CEUs Awarded	Required Documents
Program-specific workshops or conferences	0.1 CEUs per contact hour	Certificate of attendance
Spencer Institute- approved provider workshops, seminars, conferences or symposiums	0.1 CEUs per contact hour	Certificate of attendance

Category C - SPENCER INSTITUTE Approved Home Study Courses

- The Spencer Institute will make final determinations for actual CEUs awarded for any home study course
- See listing of Spencer Institute Approved Educational Providers at <http://spencerinstitute.com/life-coach-continuing-education.html>
- Home study courses that are not listed as approved by The Spencer Institute will require completion and submission of a petition form for recognition (found at the end of this guide) and a petition fee
- A maximum of 3.0 CEUs is allowed from this category for each two year recertification period

Category C Activity	CEUs Awarded	Required Documents
Spencer Institute home study courses	0.1 CEUs per education hour	Certificate of completion
Spencer Institute ECB approved provider home study courses	0.1 CEUs per education hour	Certificate of completion

Petition for CEUs

Coursework that is consistent with the content of the performance domains for The Spencer Institute but not pre-approved by The Spencer Institute will require completion and submission of the petition form available at the end of this guide. A \$25 petition fee is required with submission of petition for each course to be reviewed.

